FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB Number:	3235-0287
Estimated average b	ourden

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Cowie Robin Harper						2. Issuer Name and Ticker or Trading Symbol BIODESIX INC [BDSX]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)		First)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/10/2025							Director 10% Owner Officer (give title below) Other (specify below) CFO, Sec'y & Treasurer				
(Street) LOUISV (City)		CO State)	80027 (Zip)		4. If Ame	4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Inc Line)	flividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Та	ble I - Nor	n-Deriv	ative Se	curities Acc	quired,	Disp	osed of,	or Bene	eficially	/ Owned					
Date			Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year	3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securities Beneficially Owned Follow		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount	(A) or (D)	Price	rice Reported Transaction((Instr. 3 and			(Instr. 4)			
Common	Stock			11/10	0/2025		М		158(1)	Α	(2)	13,197	7(1)(3)	D			
Common Stock 11/10/				0/2025		S ⁽⁴⁾		50	D	\$7.62	13,1	47	D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative	2. Conversion	3. Transaction Date	3A. Deeme		4. Transaction		6. Date Ex			Title and			9. Number of	of 10. Ownership	11. Nature		

(Month/Day/Year)

Expiration

(5)

Securities

Title

Commor

Stock

Underlying Derivative Security

Amount Number

Shares

158(1)

(Instr. 3 and 4)

Security

(Instr. 5)

\$<mark>0</mark>

Securities

Following Reported Transaction(s) (Instr. 4)

Owned

Beneficially

157(1)

Form:

Direct (D) or Indirect (I) (Instr. 4)

D

Beneficial

Ownership (Instr. 4)

Explanation of Responses:

or Exercise

Price of Derivative

Security

(Month/Day/Year)

11/10/2025

if any

(Month/Day/Year)

Security

(Instr. 3)

Restricted

Units

1. These numbers have been adjusted to reflect the one-for-twenty reverse stock split effective September 15, 2025 (the "Reverse Stock Split").

Code

Code (Instr.

Derivative

Securities Acquired (A) or Disposed of (D) (Instr. 3, 4

and 5)

(A) (D)

158(1)

- 2. Each restricted stock unit (the "RSU") represents a contingent right to receive one share of the Issuer's Common Stock.
- 3. Includes 500 shares of the Issuer's Common Stock, as adjusted for the Reverse Stock Split, purchased under the Issuer's Employee Stock Purchase Plan on September 2, 2025.
- 4. These shares of the Issuer's Common Stock were sold automatically to cover taxes upon the vesting of RSUs.
- 5. These RSUs vest in a series of sixteen successive quarterly installments measured from February 8, 2022, generally subject to the Reporting Person's continued service with the Issuer, and have no expiration

Date

Exercisable

(5)

11/13/2025 /s/ Robin Harper Cowie

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.